Phytologia (October 1996) 81(4).282-321

# VEGETATION AND HABITAT ON A CARIBBEAN ISLAND, THE FRIAR'S BAY SALT POND AND ADJOINING HABITATS ON THE SOUTHEAST PENINSULA OF ST. KITTS

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# ABSTRACT

Vegetative communities of the Friar's Bay area of St. Kitts are described. In addition, effects on the vegetation of recent storm events are recorded.

KEY WORDS: floristics, ecology, St. Kitts, West Indies

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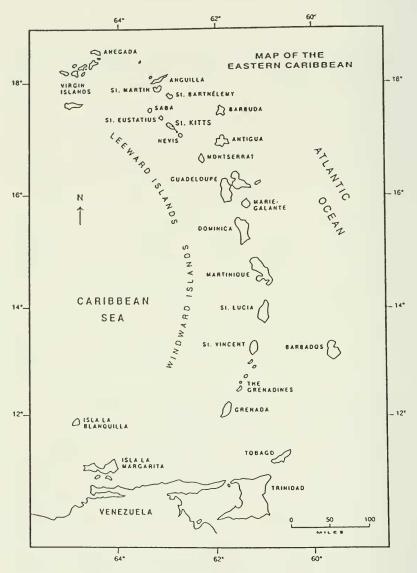
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# INTRODUCTION

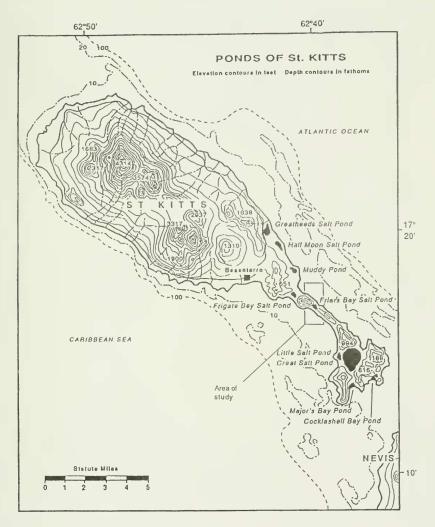
St. Kitts, belonging to the two-island nation of Saint Christopher & Nevis, independent of British governance since 1983, is a "lush, green" tropical island, "set in a quiet sea, and favored by an easy climate . . ., a place of rare beauty" (Merrill 1958). Situated in lat. 17° 20' N and long. 62° 45' W, 45 mi. west of Antigua, St. Kitts has a total area of 68 sq. mi., measuring 19 mi. (NW to SE) by 5.5 mi. (NE to SW), and is divisible into two parts: (1) the principal body of the island - from which arise the highest peaks, and where along the lowland apron and perimeter of the island sugar cane is the main crop - is rectangular in shape, about three times as long as it is broad; (2) the "southern promontory" (Box & Alston 1937), now regularly called the Southeast Peninsula, is a narrow elongation of the main body, broadening at the base which faces its sister island, Nevis, across a channel (The Narrows) two miles wide. Six miles to the north of St. Kitts lies the Dutch island of St. Eustatius ("Statia").

St. Kitts is part of the Lesser Antilles, a chain of volcanic islands composed of two segments. The northern segment, called the Leeward Islands, to which St. Kitts belongs, begins at and extends north from lat. 15°, and from, and including, Dominica, to and including Sombrero and Anguilla. The southern segment of the Lesser Antilles, called the Windward Islands, extends from and includes Martinique, south to Grenada, at lat. 12°. Barbados, Trinidad, and Tobago are not considered part of the Windward Islands (See Map 1.) It was on his second voyage of discovery in 1493 that Columbus sailed before the trade winds in a square-rigger, having the discovery of the Lesser Antilles as one of his objectives. Edmund Gosse (1925), writing ca. 1857 of his childhood, mentions how he was "now greatly taken with the geography of the West Indies.... There was something powerfully attractive to my fancy in the great chain of the Antilles, lying on the sea like an open bracelet, with its big jewels and little jewels strung on an invisible thread".

The richest association of habitats, and so the most promising site for the greatest diversity of vascular plant life, is at Friar's Bay on the Southeast Peninsula. The St. Christopher Heritage Society has already sponsored a study (Honeybrink & Daniel 1993) of the biodiversity at Friar's Bay. The Southeast Peninsula is commonly taken to refer to all the land bordering the new Dr. Kennedy A. Simmonds Highway, which begins its journey at the base of Sir Timothy Hill in Frigate Bay and ends by the side of Major's Bay facing The Narrows (see Map 5 [pages 300 and 301). But from the point of view of the geomorphologist and geographer, the Southeast Peninsula includes the Conaree and Morne Hills, and Frigate Bay, as well as all nine salt ponds of the island (Merrill 1958) (see Map 2). As a distinctive physiographic unit, the Southeast Peninsula is characterized by scalloped and deeply indented bays, such as Half Moon Bay and North Frigate Bay, wide white sandy beaches, high dunes, as at North Friar's Bay and Sand Bank Bay, salt ponds, precipitate headlands, and a string of low worn old volcanic hills. "Friar's Bay" in general usage refers to the bays and beaches of North Friar's Bay and South Friar's Bay, and the intervening spaces, including the salt pond and its edges; more narrowly, "Friar's Bay" refers to the beach at South Friar's Bay, frequented by natives and tourists alike.

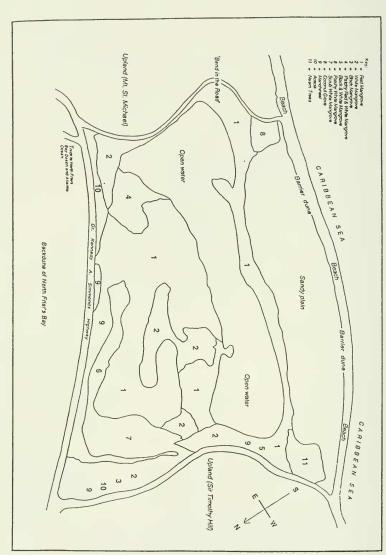


Map 1: The Eastern Caribbean, showing the position of the island of St. Kitts.

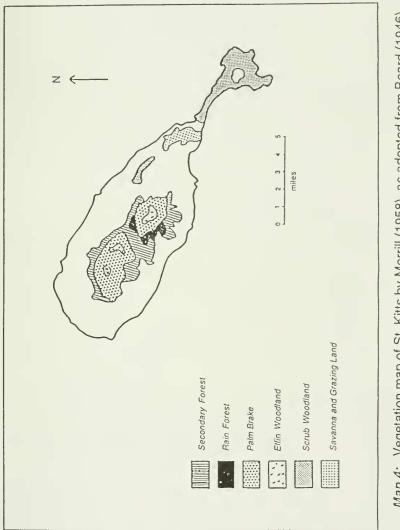


Map 2: The salt ponds of St. Kitts.





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#### AIMS AND METHODS

# Aims

This study was undertaken to document the two principal components of biodiversity, species diversity and habitat diversity, at Friar's Bay, including its beaches, rocky shores, dunes, wetlands, and rocky hills. For greater precision in reference, Friar's Bay habitats are subdivided as follows:

- (1) beaches
  - (a) the beach at North Friar's Bay
  - (b) the beach at South Friar's Bay
- (2) rocky headlands (a) at North Friar's Bay (b) at South Friar's Bay
- (3) barrier dunes (a) at North Friar's Bay (b) at South Friar's Bay
- (4) backdunes (a) at North Friar's Bay (b) at South Friar's Bay
- (5) wetland (the salt pond and its mangrove woodland)
- (6) edges of the wetland
  - (a) edge of the eastern side
  - (b) edge of the western side
  - (c) edge of the southern side
- (7) uplands
  - (a) of Sir Timothy Hill
  - (b) of Mt. St. Michael
  - (c) of Turtle Bay Hill

Collections were made from the last quarter of 1994 into the first quarter of 1995. Sites (cited here using numbers from above) most often visited were (1), (2), (3), (5), (6), and (7). In total, fifteen visits were made to sites (5) and (6). Less thoroughly examined, before February 1995, than any of the habitats listed above, was (4)(a). In addition, for the sake of establishing a comparative framework for recording species diversity at Friar's Bay Salt Pond, collections were made at all of the eight other salt ponds.

#### Maps

The map of greatest utility for locating the salt ponds and pinpointing upland sites is D.O.S. (Directorate of Overseas Surveys, U.K.) 343, titled "St. Christopher (St. Kitts)", published in 1984, on a scale of 1:25,000. D.O.S. 343 is available from Sanford's, Long Acre Street, Covent Garden, London, England.

Friar's Bay vegetation

Plant Identifications

Dr. George R. Proctor, Department of Natural Resources, Commonwealth of Puerto Rico, identified the specimens collected. Nomenclature is based on R.A. Howard's *Flora of the Lesser Antilles*, vols. 3-6 (1978-89). Of the six volumes, Orchidaceae and Pteridophyta were not consulted.

#### Distribution of Collections

Collections were deposited in the herbaria of the Missouri Botanical Garden (MO) and Harvard University (GH).

# MANGROVES

The essential features of the mangrove habitat are a high but variable soil salinity, and a poorly drained and often anaerobic substrate. Mangroves are represented in St. Kitts by four genera in three families:

Rhizophora mangle L. (Rhizophoraceae)	Red Mangrove
Avicennia germinans (L.) L. (Avicenniaceae)	Black Mangrove
Laguncularia racemosa (L.) Gaertn. (Combretaceae)	White Mangrove
<i>Conocarpus erectus</i> L. (Combretaceae)	Buttonwood

# Incidence of Conocarpus erectus

*Conocarpus erectus*, possessing neither stilt roots nor pneumatophores, having no special salt secretory cells, nor exhibiting vivipary, nevertheless is a constant associate of recognized mangrove species, especially white and black, occupying in St. Kitts the more landward edges of salt pond habitats. At Friar's Bay, *Conocarpus* grows more abundantly, and in solid stands, in a habitat exposed to sea winds and salt spray: on the rocky headlands at the eastern end of North Friar's Bay, where it grows densely matted and prostrate. Moore (1906) notes that in Bermuda *Conocarpus erectus* "grows everywhere among the rocks of the seashore". *Conocarpus* is successful in other habitats: on the wooded edge of Great Salt Pond, in association with *Acacia tortuosa* (L.) Willd, and *Hippomane mancinella* L., in a site characteristic of "littoral or coastal woodland"; on the lee slope of the barrier dune between the salt pond at Half

Moon Bay and the bay's shore; as well as at an identical site at the edge of Muddy Pond.

# Friar's Bay Salt Pond

Friar's Bay Salt Pond is a Rhizophora mangle "swamp". Occupying areas within the pond of the greatest depth of water, and creating a thicket of prop roots, Rhizophora "builds" the soil, ceding its own ground only when water levels change permanently. The map (Map 3) gives an impression of fixity to boundaries of "open water", but seasonal variations in the water table are extreme. Drought, over a long period, would favor increase in the population of Laguncularia racemosa, which now is sub-dominant at Friar's Bay Salt Pond. Avicennia germinans is rare at the site. If the abundance of Avicennia at other ponds is an indication, the species prefers wide flat moist to crusty dry salt pond margins, like those available at Great Salt Pond, but not at Friar's Bay. There is some Conocarpus erectus on the eastern edge of Friar's Bay Salt Pond, but there is no rank or depth of this species at that site; along that edge there are gaps where upland species have taken root, indicating a water table unfavorable to Conocarpus.

## Ponds With Mangroves

While not all salt ponds on St. Kitts have mangrove woodlands, five of the nine do (55%). Greatheeds Pond, which is the most northerly of the island ponds, has the tallest and most dense stand of Rhizophora mangle. Laguncularia racemosa, which, in some degree, is represented at all five ponds in the set (see Table 1), is more widely distributed in St. Kitts than Rhizophora. Avicennia germinans is less often dominant than either Rhizophora or Laguncularia, but it is more often sub-dominant than either of its associates.

# Table 1: DISTRIBUTION OF MANGROVES AT PONDS SURROUNDED OR NEARLY SURROUNDED BY MANGROVES ON ALL OR MOST SIDES

Pond	Dom.	Sub-Dom.	Some	None
Greatheeds Half Moon Bay Muddy Friar's Bay Cockleshell Bay	red black white red white	black black white	white red black	  red & black

#### Ponds Without Mangroves on All Sides

Species of mangrove represented at salt ponds, being characterized primarily by the absence of mangroves on most sides, are shown in Table 2. Common features of Friar's Bay vegetation

these ponds are: (1) *Rhizophora* is absent; (2) *Avicennia* and *Laguncularia* are equally represented; and (3) all these ponds are on the Caribbean shore or facing The Narrows. In contrast, sites of greater populations of mangrove face the Atlantic Ocean, except Friar's Bay Salt Pond, which is sited between and set back from the surrounding Atlantic Ocean and Caribbean Sea. Factors affecting composition of populations of mangrove, such as changes in water flow due to changes in tide or water table, and salinity, have not been studied.

# Table 2: SPECIES AT PONDS NOT SURROUNDED BY MANGROVE

Pond	%	Most Common	Othe
Frigate Bay	2	white	none
Little Salt	10	black	none
Great Salt	20	black	none
Major's Bay	15	white	black

#### ASSOCIATIONS OF THE OUTER PERIMETER

On all sides of the pond, the overstory is composed of tall (3.7-4.6 m) mangroves - principally red and white - growing in association with *Hippomane mancinella* and, less frequently, *Cordia obliqua* Willd. But the height and habit of the mangroves vary with the edge; overall, Friar's Bay Salt Pond is a site of shrubby mangroves more than tall trees; and the depth of the vegetation edging the pond is one rank deep on three of four sides. Indeed, in all of St. Kitts, the only site of tall tree mangroves is Greatheeds Pond. Yet it is the life and presence of Friar's Bay Salt Pond, set between scrubland hillsides, that contributes so much to the "mosaic of ecological communities" forming the "most diverse assemblages on the Southeast Peninsula" (Brown 1989).

In the story of tall shrubs and small trees, (on the western edge only) are Acacia tortuosa, Avicennia germinans, Eugenia ligustrina (Sw.) Willd., Solanum racemosum, and, less frequently, Conocarpus erectus. In contrast, (on the eastern edge only) are species typical of the scrub and dry forest upland adjoining the pond so closely on the eastern side, such as Jacquinia amillaris Jacq. (two specimens, one in the wet muds of the pond bank). Panicum maximum Jacq., alone of the herbaceous species, reaches a height as great as the medium-tall woody plants on the drier western edge. On the southern edge, there is no shrub layer, the confined red mangroves giving way immediately to the low herbaceous plants in the moist sand. But most frequently occurring on all sides of the pond, in the layer of shrubs of low or medium height, is Croton astroites Dryander, and with it, but less often, Melochia tomentosa L.

#### Herbaceous Species of the Edges

Weedy grass dominates the herbaceous story along the western edge. Other herbaceous species are occasional, such as *Chamaesyce hirta* (L.) Millsp., *Ipomoea triloba* L., *Jacquemontia cumanensis* (Kunth) Kuntze, *Mormordica charantia* L., and *Stylosanthes hamata* (L.) Taubert. *Batis maritima* L. flourishes in large patches, in association with a few shrubby *Laguncularia racemosa* on an expanse of exposed salty muds, sometimes dry and crackling, in a confined open space at the southwestern corner of the pond. On the southern margin of the pond, in ground shaded for a few hours in the morning, grow *Heliotropium curassavicum* L., *Sporobolus pyramidatus* (Lam.) Hitchc., and *Trianthema portulacastrum* L. On the eastern margin of the pond, the halophyte *Sestvium portulacastrum* (L.) L. especially thrives in patches both in the shaded areas and in sunny openings. Less abundantly occur *Commelina diffusa Burm., Corchorus aestuans* L., *Heliotropium angiospermum* Murray, and *Ruellia tuberosa* L.

"Side", in the heading of the following Table 3, refers exclusively to the area between the edge of the pond and the nearest edge of any adjoining road; it excludes species that might occur on the ground edging the opposite side of the road. Sides are nearly equal in the total of their species, twelve to the west, fifteen to the east; but only three species are shared. Special to the east are the small trees more often associated with "dry forest" or upland vegetation; and common to both are a variety of "vines", which we have classified, following Howard (Howard 1978-89) ("slender", "scrambling", "woody"). *Capparis flexuosa* (L.) L., "sometimes vinelike", is also a shrub, and it has been placed in that category; but, in truth, it is both, which we note here. There are almost as many kinds of shrubs on one side as on the other, but of the species on the western (drier) side, there is a much greater abundance.

The photograph by Eric Skerritt (Figure 1 [page 299]), taken before the construction of the Dr. Kennedy A. Simmonds Highway (1987-89), shows Mt. St. Michael directly opposite the *Agave* in the foreground, and circumscribing its base, a small indentation - the roadway, now called "dirt track" - on the eastern side of Friar's Bay Salt Pond. It is along this road, on which the elements of upkeep and maintenance of the roadway have been happily neglected, that plant life is favored. On the other side of the pond the road is paved, passage to and fro the popular beach at South Friar's Bay is frequent, and the verge is from time to time enlarged by bulldozing the vegetation, thereby pushing it further into the ringing edge of mangrove trees and shrubs.

# THE BEND IN THE ROAD

The dirt track along the eastern side of the pond leads from the highway to the southeastern corner of the pond, where it bends to the right and moves along to a coconut grove. The number of trees making up this grove is now much reduced. But the "bend in the road" is specially interesting, for it is a site protected from wind, where woody species from the adjoining upland of Mt. St. Michael find habitat in dry

# Table 3: VEGETATION OF THE TWO SIDES OF THE SALT POND

Question Trace	East Side	West Side
Overstory Trees Cordia obliqua Willd.		x
Small Trees		
Bourreria succulenta Jacq. Capparis flexuosa (L.) L.	x	
Jacquinia armillaris Jacq.	x	
Shrubs		
Abutilon umbellatum (L.) Sweet		X
Chamaecrista glandulosa var. swartzii (Wikström) Irwin & Barneby		Х
Clerodendron aculeatum (L.) Schlecht.	х	Х
Cordia globosa (Jacq.) Knuth	Х	
Lantana involucrata L.	Х	
Rauvolfia viridis Willd. Sesbania sericea (Willd.) Link	х	x
Sesbania sericea (Wind.) Elite		^
Climbing Shrubs		
Tournefortia volubilis L.		х
II. ha		
Herbs Chamaesyce hirta (L.) Millsp.		x
Chloris inflata Link	x	X
Commelina diffusa Burm.	x	
Corchorus aestuans L.	Х	
Crotalaria retusa L.		х
Heliotropium angiospermum Murray Mormordica charantia L.	х	x
Ruellia tuberosa L.	х	^
Stylosanthes hamata (L.) Taubert		х
Trianthema portulacastrum L.	Х	
Vines		
Herbaceous Vine		
Passiflora foetida var. hispida (Triana &	х	
Planchon) Killip		
Slender Vines		
Ipomoea triloba L.		X
Jacquemontia pentantha (Jacq.) Don Scrambling Shrub or Vine	х	X
Caesalpinia bonduc (L.) Roxb.		х
Woody Vine		
Jacquemontia cumanensis (Kunth) Kuntze	х	

sand, and where a few species, typical of the interdunal sandy area nearby, find habitat as well. A similar habitat, although more extensive in area, and with *Bursera simaruba* (L.) Sarg. as tall as 12 m, adjoins Major's Bay Pond on its southeastern side. Compared to other places around the edge of the pond, there at the bend in the road are found a deeper leaf litter, and the holes of Great Land Crabs (*Cardisoma guanhumi*).

The tallest trees in the bend in the road are *Bursera simaruba*. Associated with *Bursera* is *Chamaesyce articulata* (Aubl.) Britton, some specimens appearing as small trees and others as tall shrubs. Similarly characteristic of Southeast Peninsula "dry forest" sites, and also represented at the "bend of the road", are *Capparis cynophallophora* L. and *Jacquinia armillaris*.

Other species of the woody vegetation of the site are: Acacia tortuosa, Azadirachta indica (L.) Sweet, Clerodendron aculeatum, Conocarpus erectus, Cordia globosa, Croton astroites, Hippomane mancinella, Jatropha gossypifolia L., Lantana camara L., L. involucrata, Melochia tomentosa, Rauvolfia viridis, and Tecoma stans (L.) Juss.

# UPLAND SITES AND THEIR WOODY PLANT ASSOCIATIONS

### Introduction

More imposing in the landscape of the Southeast Peninsula and more conspicuous than the salt pond at Friar's Bay are two volcanic hills descending to its edges, Mt. St. Michael from 122 m on the eastern side, and Sir Timothy Hill from 168 m on the western side. The greatest influence, in the second half of the 20th century, in defining the characteristic formations of the vascular plant life of St. Kitts generally, and of these hills and their fellows on the Southeast Peninsula in particular, has been exercised by J.S. Beard (1949). In *The Natural Vegetation of the Windward and Leeward Islands*, he lists the principal plant communities of St. Kitts as secondary forest, rain forest, palm brake, elfin woodland, scrub woodland, and savanna. Merrill (1958) adopted Beard's classification and published in his book an adaptation of Beard's map (see Map 4).

On Beard's map, all the vegetation of the Southeast Peninsula, including Sir Timothy Hill and Mt. St. Michael, is "dry scrub woodland", or Merrill's "scrub woodland". The topographic map D.O.S. 343 follows suit, but further abbreviating "dry scrub woodlands" to "scrub". As we shall see, there is greater variety in the woodland formation than "scrub" suggests. A more accurate view of the vegetation of the Southeast Peninsula, based on aerial photographs, was published by Brown (1989) in a study prepared for the Southeast Peninsula Board and the government of Saint Christopher & Nevis. He shows "grass/*Acacia*" dominating the lee slopes from Frigate Bay to Nag's Head, "thorn scrub" covering the hills facing the Atlantic Ocean, and, rarest of all the plant communities, "dry forest" occurring in gbuts on the pond-facing slope of Sir Timothy Hill as well as on the western slope of St. Anthony's Peak (see Map 5). According to Webster's *New International Dictionary of the English Language* (1935) a "ghut" (or "ghaut") is "a miniature valley or gorge excavated by running water, but through which water commonly runs after rains."

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#### Overview of the Upland Sites

Mt. St. Michael has a nearly perfect conical form, and a complete cover of vegetation uniform in formation. Sir Timothy Hill, on the other hand, is disturbed, displaying a tumble of lower hills in no recognizable form, and a landscape of grass and *Acacia*, in addition to a slope of windswept scrub, and a ghut with "dry forest" species. Across the Dr. Kennedy A. Simmonds Highway, which has cut a deep gash through the body of Sir Timothy Hill, is a lower, more seaward, outlier of the parent hill, rising to 107 m, facing North Frigate Bay on the leeside, and North Friar's Bay to the east. Within the Friar's Bay complex, this hill offers a contrast in upland vegetation different in several components from Mt. St. Michael. Finally, a hill overlooking Turtle Bay, south of Mt. St. Michael, and outside the immediate vicinity of Friar's Bay Salt Pond, was visited to gather data in support of the definition of "windswept scrub".

#### Species West of the Pond

#### Windswept Scrub Vegetation

On this hill, woody plant life is low, prostrate, windswept, and stunted. Beard (1949) says of this formation that it consists of "a dense, matted, and interlaced woody growth of gnarled shrubs usually of distorted form." A few *Jacquinia* reach 1.8 m high, but *Bursera simaruba* and *Plumeria alba* L. are absent from the site. If *Spermacoce bahamensis* (Britton) Howard is included, 66% of the species are shrubs. Woody vines, *Galactia dubia* DC. and *Stigmaphyllon adenodon* Adr. Juss., tangle the feet, and cover more of the rocky surfaces than any other plants. While only 25% of the species have thorns, prickles, or spines, the occasional presence of *Melocactus intortus* (Miller) Urban emphasizes the more xeric character of the site. *Agave caribaeicola* Trel., shown in Figure 2 (page 302), grows on this slope, as well as on all the other upland sites.

# Species List of the Windswept Scrub Vegetation

Tree: Coccoloba swartzii Meissner in DC. (stunted). Small trees/shrubs: Coccoloba diversifolia Jacq. (many, but half the height of the same species on Mt. St. Michael and the crest of Sir Timothy Hill), C. uvifera (L.) L. (not common), Erithalis fruticosa L. (abundant), and Randia aculeata L. Shrub: Croton astroites. Low shrub: Spermacoce bahamensis. Cactus: Melocactus intortus (none on Mt. St. Michael, but present and increasingly numerous, and larger, on Sir Timothy Hill seaward). Woody climber: Urechites lutea (L.) Britton & Rose. Woody vine: Stigmaphyllon diversifolium (Kunth) Adr. Juss. (common). Vine: Galactia dubia. Herb: Agave caribaeicola (occasional).

Windswept Scrub Vegetation South of Friar's Bay

The steep rocky slope above Turtle Bay faces the Atlantic Ocean, is a continuation on its southeastern side of Mt. St. Michael, and, although not immediately adjoining Friar's Bay Salt Pond, is a more typical, less disturbed, and richer site of windswept scrub vegetation. In addition, the site provides further evidence that "thorn scrub",

which is the vegetation of the site, is "scrub" but not "thorn". Only Acacia tortuosa and Randia aculeata are in some degree "thorny": Acacia is rare on the hill, Randia is occasional. The slope is steeper and closer to the sea than the site on Sir Timothy Hill, and so more affected by salt-spray and wind-blast. While vegetation (cover) is sparse, the site is richer in species than the more protected site of Sir Timothy Hill. At both sites, and on windswept hills generally, no one species is dominant. Prostrate forms, including shrubby ones, provide more cover than grasses or erect trees; and grass is not abundant, except as the habitat changes to savanna on reaching the crest of the hill. Trees of any kind are infrequent, and the tallest (Jacquinia armillaris), reached 3.3 m; 69% of the woody plant species are shrubs. (See Table 4.)

# Table 4: COMPARATIVE DATA FROM A SECOND "THORN SCRUB" SITE: THE HILL OVERLOOKING TURTLE BAY.

Species	1	2	3	4	5	6
Acacia tortuosa Capparis flexuosa Chamaecrista glandulosa var. swartzii Coccoloba diversifolia Croton astroites Erithalis fruticosa Jacquinia armillaris Krameria ixine L. Pedilanthus tithymaloides (L.) Poit.	s s s/st s t s s s t s s	L M L M M T L L/M	1.0 m 0.3 cm 0.6 cm 1.5 m 0.3 cm	YNNNNNN	N Y N Y N Y N N N	N Y N N Y Y N Y
Randia aculeata Spermacoce bahamensis Tabebuia heterophylla (DC.) Britton Thespesia populnea (L.) Sol.	s t t	M L M T	0.9 cm 0.3 cm -	Y N N N	N N N N N N	Y N Y Y

1 = habit; s = shrub; st = small tree; t = tree

2 = relative height: L = low; M = medium; T = tall

3 = average height in 5 specimens

4 = spiny, thorny or armed: Y = yes, N = no

5 =leaves coriaceous: Y =yes, N =no

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<sup>6 =</sup> Y(es) or N(o) to question: is species common component of Southeast Peninsula dry forest sites?

# The Ghut

#### A Dry Forest Site on Sir Timothy Hill

Characteristic of the island are V- or U-shaped deep clefts incised in hard rock and volcanic ash by the cascading tumult of seasonally heavy rains; these are the ghuts. Ghuts capture and concentrate rainfall draining from the hillsides; large boulders are moved down their course, and rich sediments are transported and deposited in them. The ghut is a shadier site than the adjoining habitat, which is grassland with *Acacia* on Sir Timothy Hill. It was this contrast that Box noted (Box & Alston 1937), observing that ghuts "form an ecotone with intermediate types of vegetation, and in some of them the separation of mesophytic from extreme xerophytic associations may be but a few hundred yards".

Ghuts are less a feature of the Southeast Peninsula than they are of the main landmass of the island. In the ghut on Sir Timothy Hill, at a site 80 m above sea level, *Bursera simaruba* reaches a height of 7.6 m, and shares the site with 23 other species of woody plants, no one of which is dominant. As in all the woodland types of the Southeast Peninsula, herbaceous plants are few in kind, and, for this reason, mention is made here of *Commelina diffusa*, the only herbaceous plant in the ghut on Sir Timothy Hill, but also found in two other sites of the Friar's Bay area: the moist edge of the pond and the xeric side of the seaward segment of Sir Timothy Hill.

The ghut of Sir Timothy Hill is the smallest habitat type (the least area) and the most species-rich site in this study. Most of its species it shares with "dry forest" sites, typical of which are *Chamaesyce articulata*, *Gymnanthes lucida* Sw., *Piscidia carthagenensis* Jacq., and *Plumeria alba*. Other species are characteristic of the open grassland with Acacia habitat and of disturbed edges of other formations, such as *Clerodendron aculeatum* and *Solanum racemosum*. Finally, all the large trees of the site (*Bursera, Hippomane*, and *Thespesia*) are the principal associates of the coastal woodland formation of the Southeast Penirsula.

#### Species List of the Ghut on Sir Timothy Hill

Trees: Bursera simaruba, Cordia obliqua ("arborescent shrub"), Hippomane mancinella, Piscidia carthagenensis, Plumeria alba, and Thespesia populnea. Small trees: Bourreria succulenta, Capparis cynophallophora, Chamaesyce articulata, Erithalis fruticosa, Gymnanthes lucida, and Raudia aculeata. Shrubs (tall and medium): Capparis flexuosa (vinelike), Citharexylum spinosum L., Clerodendron aculeatum, Coccoloba diversifolia, Croton astroites, Erythroxylum havanense Jacq., Eugenia ligustrina, Rauvolfia viridis, and Solanum racemosum. Low shrub: Pedilanthus tithymaloides. Vine: Pisonia aculeata L. Herbs: Agave caribaeicola and Commelina diffusa.

# Mt. St. Michael

We examined Mt. St. Michael on its western slope, which is protected, in much greater degree than on the northeastern slope, from sea-blast in severe tropical storm, and from the ordinary harrowing winds and salt spray common throughout 7-8 months of the year. The slopes are dry and rocky. The cover of viny vegetation (*Galactia dubia* and *Stigmaphyllon diversifolium*) and the closeness of the low shrubs are such that the soil as well as the rocks are concealed from view, unlike the seaward

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side of the hill, where vegetation is more sparse, and there are abundant spaces between the low shrubs. While neither of the two upland sides of the salt pond are composed of vegetation predominantly thomy, *Acacia tortuosa* is common all along the disturbed portions of the edges of both uplands where they abut a roadway. A spiny component of the hill on the western side, absent on Mt. St. Michael, is *Melocactus intortus*. *Agave caribaeicola*, on the other hand, is common to both hillsides. As to rarity, this is the only site at which *Cassine xylocarpa* Vent. was found.

#### Species List of Mt. St. Michael

Trees: Bursera simaruba, Jacquinia armillaris, Plumeria alba. Small trees: Acacia tortuosa, Bourreria succulenta, Capparis cynophallophora, Coccoloba diversifolia, Randia aculeata, and Tabebuia heterophylla (a very small tree in this site, but a huge tree by the side of Greatheeds Salt Pond). Shrubs: Capparis flexuosa, Cassine xylocarpa, Chamaecrista obcordata (Wikström) Britton, Clerodendron aculeatum, Croton astroites, Erithalis fruticosa, Jatropha gossypifolia, Lantana involucrata, Melochia tomentosa, Spermacoce bahamensis, and Wedelia calycina Rich. Vines: Galactia dubia and Stigmaphyllon diversifolium. Woody herb: Stachytarpheta jamaicensis (L.) Vahl. Suffrutescent herb: Spermacoce verticillata.

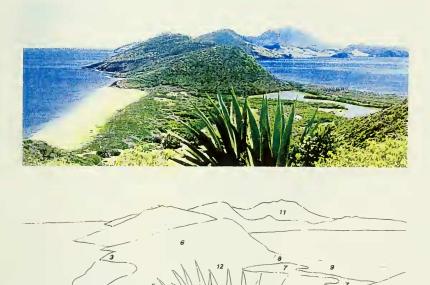
#### The Two Seaward Sides of Sir Timothy Hill

The Ordnance Survey map, D.O.S. 343, symbolizes the vegetation of St. Kitts in three types: forest, scrub and woodland, and palms. In that schema, which is simpler than Beard's or Brown's, the two seaward sides of Sir Timothy Hill are shown as "scrub & woodland". However, or examination of the species composition of the two sides, the following distinction can be made: (1) the east-facing side is a "cactus-scrub zone", with some species from "dry tropical forest"; (2) the leeside has a representative stand of "dry forest".

Collections for Table 5, in which the two seaward sides of Sir Timothy Hill are compared, have been made from areas at the top of each of the hills. On the leeside, collections were made farther down the slope than on the windward side. In addition, a few herbaceous species were collected on the edges of the parking lot. The windward side faces the rising sun, and has a vegetation more xeric than any site in the Southeast Peninsula (than any site on the island). Low shrubs, like *Coccoloba diversifolia*, are half the height of the same species on the leeside of the hill; and *erithalis fruticosa* is smaller here than in any of its other sites (Mt. St. Michael, the ghut on Sir Timothy Hill). *Acacia tortuosa* is sprawling and low, like *Chamaecrista glandulosa* var. *swartzii*, with which it is associated.

Conspicuous in contrast with the low shrubby and prostrate character of some of the vegetation is the columnar cactus, *Pilosocereus royeni* (L.) Byles & G. Rowley (stems 1.8-7.9 m tall, Howard 1989), which grows along the crest of the hill for the whole length of the trail, and down the windward slope nearly to the edge of the headlands. In St. Kitts, *Pilosocereus* is not solely an "upland" species. It grows on the flat sandy backdune adjoining the seaward side of Muddy Pond, and on the southwest side of the pond, up an overgrazed steep grassy slope, as well as less

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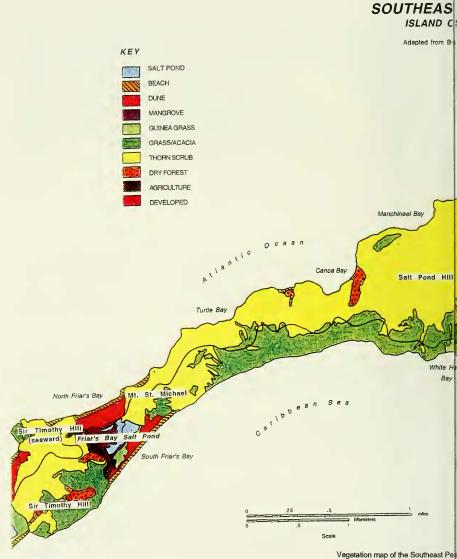
**Photo 1:** The photograph above was taken by Eric Skerrit 25 years before the opening of the Dr Kennedy A. Simmonds highway. The diagram below it is a key to the sites of study at Friar's Bay. The viewer stands a little back from the *Agave* on the pinnacle of the gap between Sir Timothy Hill to the right and its seaward extension to the left. The beach at North Friar's Bay is as bright and broad today as it was then.

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Key to the diagram:1. Seaward Sir Timothy Hill, the xeric slope 2. Beach of North Friar's Bay 3. Rocky headland 4. Barrier-dune of North Friar's Bay 5. Thicket behind the barrier-dune at North Friar's Bay 6. Mt. St. Michael 7. Friar's Bay salt pond 8. 'Bend in the road' 9. Sandy plain 10. Windswept vegetation of the eastern slope of Sir Timothy Hill 11. Mt. Nevis on the island of Nevis 12. Mangroves

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la of St. Kitts, redrawn and colored, from wn.

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Above: Agave caribaeicola (eleven specimens showing), from near the crest of the eastern slope of the seaward segment of Sir Timothy Hill, in association with Krameria ixine, and, in the background (lefthand corner), the cactus Pilosocereus royeni.

*Right:* Agave caribaeicola in bloom, with hummingbird.



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abundantly on the western edge of Little Salt Pond. *Melocactus intortus* is plentiful and, in many cases, large on the windward side of seaward Sir Timothy Hill. Neither of these cacti appears on Mt. St. Michael.

On the leeside, there is a small woodland of Bursera simaruba, one plant reaching a height of 9.8 m, providing canopy and shade. In association with Bursera are Chamaesyce articulata, Comocladia dodonaea (L.) Urban, Erythroxylum havanense, Eugenia ligustrina, and Piscidia carthagenensis. In the shrub story, Croton astroites and Wedelia calycina are robust and abundant. Southwest on the slope, the dry forest of these species gives way to a more open hillside vegetation with Agave caribaeicola locally dominant. Pedilanthus tithymaloides is abundant in the low shrub story beneath Bursera and its associates.

#### Five Sites Compared

In the following Table 5, "A" stands for the most xeric site, at which *Melocactus intortus* and *Pilosocereus royeni* are common. From "A" to "E" there is a gradient of sparseness; "E", the "dry forest" site, is least xeric: but certainly it is not what anyone in temperate climes means by "mesic". *Pilosocereus royeni*, common in "A", but absent in "B", is nevertheless taller than most or all species in "B". "B" stands for the windswept scrub site on Sir Timothy Hill.

Species	А	В	С	D	E
Agavaceae					
Agave caribaeicola (h)	++	+	+	+	+
Amaranthaceae					
Achyranthes aspera L. var. aspera (h)	0	0	0	+	0
Anacardiaceae					
Comocladia dodonaea (s/st)	0	0	0	+	0
Apocynaceae					
Plumeria alba (st)	0	0	+	+	+
Rauvolfia viridis (st)	0	0	0	0	+
Asteraceae					
Emilia fosbergii (Nicolson) (h)	0	0	0	+	0
Vernonia cinerea (L.) Less. (h)	0	0	0	+	0
Wedelia calycina (s)	0	0	+	+	0
Bignoniaceae					
Tabebuia heterophylla Vahl (t)	0	0	+	+	0
Boraginaceae					
Heliotropium ternatum (ls)	+	0	0	0	0
Burseraceae					
Bursera simaruba (t)	0	0	+	+	+

# Table 5: FIVE UPLAND SITES NEAR FRIAR'S BAY SALT POND.

# Table 5 (continued):

Cactaceae			0		0
Melocactus intortus (lar suc)	++	+	0	+	0
Pilosocereus royeni (lar suc)	++	0	0	+	0
Capparaceae	_				
Capparis cynophallophora (st)	0	0	+	+	+
Capparis flexuosa (s/st)	+	0	+	0	+
Celastraceae					
Gyminda latifolia (Sw.) Urban (s/st)	+	0	0	0	0
Commelinaceae					
Commelina diffusa (h)	+	0	0	0	0
Convolvulaceae					
Jacquemontia solanifolia (L.) H.	0	0	0	+	0
Hallier (wv)					
Cyperaceae					
<i>Fimbristylis ovata</i> (Burm. f.) Kern (h)	+	0	0	0	0
Erythroxylaceae					
Erythroxylum brevipes DC. (s/st)	0	0	0	0	+
Erythroxylum havanense (s/st)	0	0	0	+	+
Euphorbiaceae	-	-			
<i>Chamaesyce articulata</i> (st)	0	0	0	+	+
Croton astroites (s)	÷	÷	+	++	+
Gymnanthes lucida (s/st)	Ó	Ó	ò	0	+
Hippomane mancinella (t)	ŏ	õ	ŏ	ŏ	+
Pedilanthus tithymaloides (s)	ŏ	ŏ	+	+	+
Fabaceae	0	0			
Acacia tortuosa (s/st)	++	0	+	+	0
Chamaecrista glandulosa var. swartzii (ls)	+	ő	Ū.	0	Ő
Galactia dubia (wv)	0 Ū	+	0	+	0
Piscidia carthagenensis (t)	0	0	0	+	+
Krameriaceae	0	0	0	т	т
Krameria ixine (ls)	+	0	0	0	0
Malpighiaceae	Ŧ	0	0	0	0
Stigmaphyllon diversifolium (wv)		0	+		+
Stigmaphyllon emarginatum (wv)	++	0	$\stackrel{+}{0}$	+	0
Malvaceae	+	0	0	0	0
	0	0	0	+	0
Sidastrum multiflorum (Jacq.) Fryx. (sub)	0	0	0	++	~
Thespesia populnea (t)	0	0	0	+	+
Myrtaceae	0	0	0		
Eugenia ligustrina (s/st)	0	0	0	+	+
Nyctaginaceae	0	0	0	0	
Pisonia aculeata (wv)	0	0	0	0	+
Phytolaccaceae	0	0	0		0
Rivina humilis L. (h)	0	0	0	+	0

+	0	0	0	0
0	0	0	+	0
+	0	0	Ó	0
0	0	0	+	0
0	0	0	+	0
0	+	+	+	0
+	0	0	0	0
+	+	0	0	0
+	+	0	0	0
+	0	0	0	0
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A = Sir Timothy Hill, E-facing slope B = Sir Timothy Hill, windswept slope C = Mt. St. Michael D = Sir Timothy Hill, NW slope E = Sir Timothy Hill, ghut 0 = species not occurring at this site + = species occurring at this site ++ = species particularly abundant at this site

A few species, such as *Agave caribaeicola* and *Croton astroites*, are represented at all five sites, and so their presence in selectively linked sites, such as "D" plus "E", is not an indicator of habitat type. The *Agave* grows abundantly in "A", the most xeric site in the Southeast Peninsula, but also the largest specimen yet found of the *Agave* grows high on a hill adjoining St. Anthony's Peak, a "dry forest" site.

Species occurring in "D" and "E" are "dry forest" indicator species. Although *Bursera simaruba* is generally common to plentiful in dry forest sites, and characteristic of its upper story, *Bursera*, because it occurs linked to "C" as well as to "D" and "E", is not an indicator species. The same is true for *Capparis* 

cynophallophora and Plumeria alba. On the other hand, "C" plus "D" linkages have the potentiality for indicating "scrub woodland". Especially strong dry forest indicator species are *Chamaesyce articulata*, *Erythroxylum havanense*, *Eugenia ligustrina*, and *Piscidia carthagenensis*. Two species, *Agave caribaeicola* and *Croton astroites*, are common to all five sites.

Habit of species in Table 5 is indicated in parentheses following the specific epithet. A few species are not readily classified in this way. Of the 53 plant species, twelve are herbs; the remainder, in one degree or another, are woody, including *Agave* and the two cacti. Of the twelve herbs, five are grasses. One grass species, *Heteropogon contortus*, and one (and the only) Cyperaceae, *Fimbristylis ovata*, are found together on other sites of windswept scrub vegetation in the Southeast Peninsula. These abbreviations have been used for 'habit': t = tree, s/st = shrub/small tree (sometimes appearing in each habit in one site), st = small tree, s = shrub, ls = low shrub, lar suc = large succulents, which are also woody (*Agave, Melocactus*, and *Pilosocereus*), wv = woody vine, sub = subshrub, and h = herb. The site is dominated by the "switch hitters" - plant species that may appear as shrubs or as small trees. There are eleven of these at seaward Sir Timothy Hill. When joined with sts (small trees), they account for 29% of the species at the site.

#### SANDY PLAIN

Between the southern edge of the salt pond and the lee of the barrier dune at South Friar's Bay is a flat expanse of sandy soil, which, preparatory to building a hotel on the site, was cleared of plants. The hotel has not yet been built, and the cleared land has grown over, with a tendency now toward the dominance of *Acacia tortuosa*. In the meantime, while this site, called the "Sandy Plain" in this paper, is disturbed, it is not without floral attractions. Chief of these is *Catharanthus roseus* (L.) Don, flowering persistently and growing in large stands in the western center of the area. The rich abundance throughout the plain of *Lantana camara* gives to the tropical air a sweet herbal scent. There is a sad remnant of a coconut grove (*Cocos nucifera* L<sub>1</sub>) on the far western side of the plain, and another just behind the barrier dune in the southeastern corner. In the following list, species found only on the Sandy Plain are marked with (1); species found here as well as in other sites of Friar's Bay are marked with (2).

Tree: Cocos nucifera (1) Small trees/shrubs: Acacia tortuosa (2) and Chamaesyce articulata (2). Shrubs: Croton astroites (2), Indigofera tinctoria L. (2), Lantana camara (2), and Solanum racemosum (2). Scrambling woody climbers: Caesalpinia bonduc (2) and Urechites lutea (2). Vines: Canavalia roseus (Sw.) DC. (2) and Catharanthus roseus (1). Suffruescent herb: Corchorus siliquosus L. (1). Herbs: Boerhavia coccinea Miller (1), Catharanthus roseus (1), Cenchrus incertus M.A. Curtis (1), Digitaria insularis (L.) Mez ex Ekman (2), Panicum maximum (2), Physalis philadelphica Lam. (1), Rhynchelytrum repens (Willd.) C.E. Hubb. (2), Talinum fruticosum (L.) L. Juss. ("herbaceous to slightly woody") (1), Tephrosia cinerea (L.) Pers. (1).

#### Friar's Bay vegetation

Solanum racemosum may be armed or unarmed. When armed, it has acicular spines on the midrib, veins, and stem. None of the many specimens of Solanum racemosum seen at Friar's Bay in 1994 and 1995, especially abundant on the sandy plain, were armed. But in January 1996 one armed specimen, with golden yellow spines, was found.

# NATURALIZED SPECIES

Of nine species of vascular plants introduced and naturalized on the island of St. Kitts and found at Fnar's Bay, five species, including all of the trees, are found primarily in and around the Sandy Plain, and especially where the beach of South Friar's Bay at its western extremity joins the road and the plain. Here is the grove of *Azadirachta indica* and one *Terminalia catappa* L. While the two grasses are plentiful on the plain, they are found along the dry edges of paths and roads throughout the area. The list of naturalized species includes:

# TABLE 6. INTRODUCED AND NATURALIZED SPECIES OF FRIAR'S BAY.

Species	Habit	Presumed Origin	Habitat
Aloe vera (L.) Burm. Azadirachta indica Calotropis procera (Aiton) W. Aiton	succulent tree shrub	Mediterranean region Indo-Malaysia Africa	dry hillside sandy plain backdune
Catharanthus roseus	herb	Madagascar	protected sands
Cocos nucifera	tree	Philippine Islands and N. Australia	beaches, dunes
Cordia obliqua	arborescent shrub	India	pond edge
Panicum maximum	herb	Africa	dry open spaces
Terminalia catappa	tree	India	protected beach
Rhynchelytrum repens	herb	Africa	dry roadsides

Of these species, Aloe vera is rarest and the grasses most abundant at the site.

## BEACHES, DUNES, AND HEADLANDS

Compression of space between habitats at Friar's Bay, where distances are never great, enhances perception of "variety", and adds much to the pleasure of seeing "the countryside". Distance from the highest point on the seaward expression of Sir Timothy Hill to the midpoint on the edge of the pond on its western side is, in a straight line, 540 m; from one headland to another (at North Friar's Bay) it is 540 m. The beach at South Friar's Bay is longer, about 1,081 m. From the midpoint of the pond, on its eastern side, to the nearest headland of North Friar's Bay, it is 405 m.

Topographically, the beaches at the two sites are similar. Each is bounded by a rocky headland. Between the high-water mark and the barrier dune, there is a narrow sandy terrace (or berm) on which only a few species of vascular plants are rooted. At this edge, especially on the Atlantic side, where the greater danger is exposure to repeated dunkings in salt water, *Sporobolus virginicus* (L.) Kunth is alone in taking the greater risks: it colonizes spaces before the berm. On both shores, *Ipomoea pescaprae* (L.) R.Br. is an associate of *Sporobolus*, but never ventures so far toward the sea.

Behind this area of first rootings (scattered and tentative), the same species occur in greater security of tenure, even while the sands are mobile and fugitive. Then rises the barrier dune, of no great height on the Caribbean shore, but impressive in its height and shape on the Atlantic shore. There it fises to a ridge 7 m or more. The ridge is continuous at this elevation for the entire length of the beach, and, all along its length, from base to summit, it describes a gracious curve. This curve is a bastion to the seamounted furies of wind, water, and spray. And every centimeter of the sands composing the material substance of this great work is held resolutely in place by *Coccoloba uvifera*. To the lee of the barrier dune, where protection from seaborne: winds is afforded, species diversity is higher: these are the "thickets", characteristic of Caribbean coastal sites, and well-developed at North Friar's Bay.

Comparative Data on the Structure of Beach Vegetation

Beard (1949) uses the term "littoral woodland" to encompass a variety of vegetations including "sand-dune vegetation", "vegetation of salt flats", and "rocky slopes". The vegetation of sandy beaches, as studied at North Friar's Bay, and with supplementary observations at Sand Bank Bay, Mosquito Bay, and Half Moon Bay to Muddy Point (see Table 7), may be subdivided into eight zones: Zone 1: Wet sand on which seaweeds and sea grasses (Syringodium filiforme and Thalassia testudinum) are washed and are picked over by shorebirds. Zone 2: A scattering of Sporobolus virginicus pioneers. Zone 3 (drier than Zone 2): Large patches, some continuous for a distance, of Sporobolus virginicus, with Ipomoea pes-caprae and, on the Caribbean shore of South Friar's Bay, but not at all on the north, Canavalia rosea. Zone 4: Slope of the barrier dune, the most densely vegetated site of the strand, and most often dominated by Coccoloba uvifera. It has a foot and a crest. Species of the foot are usually the same as those of the slope, but the crest may vary, and is treated as Zone 5. Zone 5: At North Friar's Bay, the crest of the seaward face of the barrier dune has the same species as the slope, but this is not always true in all dunes of the peninsula; and so it is useful to separate the two sites. Zone 6: The backslope of the barrier

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#### Friar's Bay vegetation

dune is most often vegetated with species of the thicket, composing the body of the interdunal vegetation; at North Friar's Bay, the crest of the dune is a gently undulating plain, extending a great distance, and supporting a forest of *Coccoloba uvifera*. Nevertheless, the distinction is useful, as we shall see in looking at data from other beaches. **Zone 7**: Shrubs and small trees, other than *Coccoloba uvifera*, dominate the interdunal thicket. **Zone 8**: In some sites behind a beach, and well protected from wind and salt spray, a *Bursera*-dominated coastal woodland occurs; but this formation is not discussed further in this paper.

# Table 7: A COMPARISON OF SPECIES FROM SOME OF THE BEACHES OFTHE SOUTHEAST PENINSULA.

Species collected at Zones 4 & 5, the slope and crest of the barrier dune:

Species	А	В	С	D.
Argusia gnaphalodes (L.) Heine	0	+	+	0
Blutaparon vermiculare	+	0	0	0
Caesalpinia bonduc	0	0	0	+
Chamaesyce mesembrianthemifolia (Jacq.) Dugand	+	+	0	0
Coccoloba uvifera	+	+	+	+
Corchorus hirsutus	0	0	0	+
Erithalis fruticosa	0	+	+	0
Scaevola plumieri (L.) Vahl	+	0	0	0
Sesuvium portulacastrum	+	0	0	0
Sporobolus virginicus	+	+	+	+

Note: Scaevola plumieri is dominant on the slope of the barrier dune at Sand Bank Bay, not Coccoloba uvifera.

- A = Sand Bank Bay;
- B = North Friar's Bay;
- C = Mosquito Bay;
- D = Half Moon Bay to Muddy Point.

#### Backdune

The backdune of North Friar's Bay is most often seen from the highway, where there is a weedy herbaceous sward, planted with *Terminalia catappa*, and defended by a mixture of *Acacia tortuosa* and *Hippomane mancinella*. From the seaside, and extending inland toward Friar's Bay Salt Pond, for 80% the total width of the backdune, *Coccoloba uvifera* is dominant. Then, toward the landward edge, the dune is broken into a collection of parts, with deep swales, and isolated islets of sand. Here are *Acacia tortuosa* (6-9 m tall), *Chamaesyce articulata* (few), *Clerodendron aculeatum*, *Cordia obliqua* (many), *Croton astroites*, *Lantana canara*, *Leucaena* 

*leucocephala* (Lam.) de Wit, *Thespesia populnea* (large but few), and, at the far eastern end, a large population, with local dominance on the backdune, of *Corchorus hirsutus*.

#### Other Species and Ruderal Sites

In a dry gully, running through the backdune to the beach, are patches of *Chamaesyce mesembrianthemifolia* (low shrub), isolated plants of *Chamaesyce serpens* Kunth) Small, and patches of *Paspalum vaginatum*.

# The Rocky Headlands at North Friar's Bay

Large black boulders, in seaside disarray, give to the Atlantic surf an anvil for its battering blows. Salt spray rises, on days of rough surf, 6 m into the air. The rocks, of volcanic andesite and rhyolite, despite the labor of the ocean, keep their sharp angles, and their coarse surfaces. *Sesuvium portulacastrum* alone grows draped from the tumble of rocks that face the full force of the sea spray. Higher on the rocks, where there is some protection from the full impact of the salt spray, *Lithophila muscoides* Sw. grows cupped in tiny hollows, one plant separated from another by the discontinuity in suitable surface for rooting. *Sesuvium portulacastrum* grows in the same sites as *Lithophila*, and then disappears as, moving over the crest of the headland farther inland, the vegetation - now composed of dense low stands of *Conocarpus erectus* with *Coccoloba uvifera* and *Wedelia calycina* - becomes wind-appressed scrub woodland. In the more open spaces near, but not as far toward the sea as *Lithophila*, *intortus* and *Opuntia dillenii* (Ker Gawler) Haw.

The headland at the western end differs in a few respects. The first species to appear at a height above the beach (6-9 m), is *Chamaesyce mesembrianthemifolia*, growing in small amounts of soil trapped in cracks of bare volcanic rock (Howard 1989a). *Chamaesyce* is plentiful in this site. With it are *Lithophila muscoides* and *Portulaca quadrifida* L. Further back occurs *Sporobolus virginicus*, then *Coccoloba uvifera*, but never as densely as on the eastern headland. There is no *Conocarpus erectus* on this headland. A short distance further up the slope of the hill, which is the seaward slope of Sir Timothy Hill, are *Melocactus intortus* and *Pilosocereus royeni*.

Along the sides of the road to North Friar's Bay, and over the rocks of its embankment, are *Heliotropium curassavicum*, *Jacquemontia pentantha* (Jacq.) Don, *Portulaca oleracea*, and *Trianthema portulacastrum*.

#### Rocky Headlands at South Friar's Bay

On South Friar's Bay beach, visitors from cruise ships come ashore in small motor launches, and some, who have read about the tropical fish that feed and cluster around the coral at the base of the rocky headland at the western end of the beach, swim there to see them.

Friar's Bay vegetation

Three sites of interest at the western extremity of the beach are: (1) rocky headland facing the beach; (2) isolated rock, 6 m high, on the beach; (3) a cove of shrubs, *Melochia tomentosa* (1.5-1.7 m tall), and *Sesbania sericea* (also tall); and one tree uncharacteristic of a barrier dune, a mature specimen of *Terminalia catappa*.

On the rocky headland, mostly bare of vegetation, species occur in small populations. In the following list, the number after the species' name indicates the number of plants of this kind found at the site: *Calotropis procera* (1), *Coccoloba uvifera* (1), *Hymenocallis* sp. (6), *Melocactus intortus* (3), *Tabebuia heterophylla* (4), several *Acacia tortuosa* and too-many-to-count *Stigmaphyllon diversifolium*, and grass; there is no *Conocarpus erectus*.

On the isolated dome of rock (an "erratic"), there are Acacia tortuosa, Chloris inflata, Emilia fosbergii, Lantana camara, Melochia tomentosa, Opuntia sp., Portulaca quadrifida, Solanum sp., and Terminalia catappa (a very young tree).

#### Foredune and Barrier Dune at South Friar's Bay

Canavalia rosea, Ipomoea pes-caprae, and Sporobolus virginicus occur abundantly in Zone 2 of the beach but only toward the western end. What differs more at South Friar's Bay is the character and composition of the barrier dune. Unlike North Friar's Bay, the barrier dune is not continuously vegetated by one species; nor is it steep. Instead, there is an alternation of species. For a length, Acacia dominates, then Coccoloba. Sub-dominants vary too; for instance, Lantana camara in places, Croton astroites, and Hippomane mancinella in others. Periodically, there are breaks and gaps in the dune hedge, which there never are in the hedge at North Friar's Bay; so it is the very adversity of the wind that fortifies the position that defends against it. Occasionally, where the barrier of Coccoloba has given way, Agave caribaeicola appears; and in the last third of the barrier dune, at the far eastern end of the shore, there are species from the backdune, and species from the vegetation of the dry scrub forest. There Mt. St. Michael rises behind the barrier dune, and provides greater protection from the prevailing (easterly) winds. Species here are: Caesalpinia bonduc, Capparis flexuosa, Corchorus hirsutus, Croton astroites, Jatropha gossypifolia, Lantana camara, Panicum maximum, Tecoma stans, Urechites lutea, and, just over the crest of the dune near its very end, Bursera simaruba.

## RUDERAL SPECIES

Harper (1944) defined a weed, "A plant that grows spontaneously in a habitat that has been greatly modified by human action". "Ruderal" is often used for "weedy". More particularly, ruderal plants are said to grow in waste places. A weed, on the other hand, might grow in a cultivated field. The disturbed sites at Friar's Bay are the sandy plain, the edges of the roadways, the access road to the beach at North Friar's Bay, the flat area west of the salt pond on its northern edge (where road stones have been dumped), and the wide verge along the Dr. Kennedy A. Simmonds Highway.

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In the following list, species that are ruderal at Friar's Bay are listed. If a species is not ruderal in its habitat at Friar's Bay, although it is known to be elsewhere, it is not listed. For instance, *Boerhavia coccinea, Calotropis procera, Rivina humilis*, and *Vernonia cinerea* fit this category, excluded from the list because they occur only with the weakest representation. Ruderal species must be abundant, as well as occur on disturbed ground. Ruderal species at Friar's Bay are Acacia tortuosa, Chloris inflata, Digitaria insularis, Heliotropium curassavicum, Jatropha gossypifolia, Passiflora foetida var. hispida, Portulaca oleracea, Rhynchelytrum repens, Sesuvium portulacastrum, Sperinacoce bahamensis, Stachytarpheta jamaicensis, and Trianthema

# CHECKLIST OF THE FLORA OF FRIAR'S BAY

The following is a checklist of the flowering plants collected at Friar's Bay. Of the 127 species ("species" here used broadly to include infra-specific taxa as well) are nineteen monocots, represented by seven families, and 108 dicots, represented by 42 families. Of monocot families, five are represented by one species; grasses by thirteen species. Species not native (8) are indicated by '(naturalized)'. Families with the greatest number of species, are Fabaceae (13) and Poaceae (12). Euphorbiaceae (9) and Boraginaceae (8) are similarly species-rich in this flora. Some species of the flora of St. Kitts have in this study been documented by a voucher for the first time. *Aloe vera, Cocos nucifera, Melocactus intortus*, and *Pilosocereus royeni* were observed, and photographed, but not collected. Habit, abundance, and habitat are the categories in which information is given for each entry.

#### Acanthaceae

Ruellia tuberosa L.

herb, occasional, roadway muds, near salt pond

Agavaceae Agave caribaeicola Trel.

Aizoaceae

Sesuvium portulacastrum (L.) L.

Trianthema portulacastrum L.

# Amaranthaceae

Achyranthes aspera L. var. aspera Lithophila muscoides Sw.

Amaryllidaceae Hymenocallis caribaea L. herb (giant, acaulescent succulent), abundant, dry hillsides

herb (succulent), common, seaside, sandy shores, and rocky headland herb (succulent), common, seaside ruderal

herb (weedy), uncommon, shady dry woods herb (prostrate), restricted habitat, rocky headland

herb, few, rocky headland, Caribbean side only

#### Friar's Bay vegetation

#### Meagher:

#### Anacardiaceae Comocladia dodonaea (L.) Urban

Apocynaceae Catharanthus roseus (L.) Don.

Plumeria alba L.

Rauvolfia viridis Willd. Urechites lutea (L.) Britton & Rose

Asclepiadaceae Calotropis procera (Aiton) W. Aiton

Asteraceae Emilia fosbergii (Nicolson) Vernonia cinerea (L.) Less. Wedelia calycina Rich.

Avicenniaceae Avicennia germinans (L.) L.

Bataceae Batis maritima L.

Bignoniaceae Tabebuia heterophylla (DC.) Britton

Tecoma stans (L.) Juss.

# Boraginaceae

Argusia gnaphalodes (L.) Heine Bourreria succulenta Jacq. Cordia globosa (Jacq.) Knuth Cordia obliqua Willd.

Heliotropium angiospermum Murray Heliotropium curassavicum L.

Heliotropium ternatum Vahl

Tournefortia volubilis L.

Burseraceae Bursera simaruba (L.) Sarg. shrub, few, shaded dry forest

herb (subwoody), abundant, sandy strand and backdune, (naturalized) tree (small), some, dry rocky hillsides

shrub, dry pond side shrub (vinelike), common, sandy backdune

shrub (thick-stemmed), common, grassy roadsides

herb, some, ruderal herb (weedy), common, roadsides shrub, abundant, dry rocky hillsides (serub)

tree, to 16 m, common, salt pond edge

shrub (succulent), frequent, flat open salty muds

tree (small), some, mountain roadsides and serub woods shrub, abundant, grassy hillslopes, Caribbean-side

shrub, some, barrier dune, Atlantic-side shrub or small tree, occasional, hillside shrub, some, pond edge shrub (arborescent), frequent, pond edge; shaded dry forest ghut, (naturalized)

herb (sometimes woody), some, pond edge herb (succulent), plentiful, pond edge, nuderal

shrub, common, in scrub woods and windswept slopes

shrub (vinelike), uncommon, pond edge

tree, plentiful, dry forest sites and protected places back of barrier dunes

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Cactaceae

Melocactus intortus (Miller) Urban Opuntia dillenii (Ker Gawler) Haw. Pilosocereus royeni (L.) Byles & G. Rowley

Capparaceae Capparis cynophallophora L.

Capparis flexuosa (L.) L.

Celastraceae Cassine xylocarpa Vent. Crossopetalum rhacoma Crantz

Gyminda latifolia (Sw.) Urban

Combretaceae Conocarpus erectus L.

> Laguncularia racemosa (L.) Gaertn. Terminalia catappa L.

Commelinaceae Commelina diffusa Burm.

Convolvulaceae Ipomoea pes-caprae (L.) R. Br.

Ipomoea triloba L. Jacquemontia cumanensis (Kunth) Kuntze Jacquemontia pentantha (Jacq.) Don Jacquemontia solanifolia (L.) H. Hallier

Cucurbitaceae Mormordica charantia L.

Cyperaceae Fimbristylis ovata (Burm. f.) Kern

Erythroxylaceae Erythroxylum brevipes DC. Erythroxylum havanense Jacq. succulent, abundant, driest hillsides succulent, rocky headland, rare succulent, common, driest hillsides and seaward slopes

tree (small), common, dry forest sites, pond edge on its eastern side

shrub (small tree), often vinelike, common, pond edge and upland slopes

tree (small), rare, back of barrier dune shrub (large), one only, back of dune (South Friar's Bay)

shrub (small tree too), some, dry forest sites

shrub (and tree), sometimes prostrate, pond edge and rocky headland tree, plentiful, pond edge

tree, few, strand, Caribbean-side, (naturalized)

herb, few, mud of pond edge (not salty) and dry sites with cactus; shaded dry forest ghut

herb (prostrate), abundant, sandy shores herb, common vine (woody), uncommon

herb (weedy), plentiful, dry open verges herb (vine), some

herb (climbing), dense patch, west side of pond

herb, rare, dry site with cacti and Agave

shrub, common, dry scrub wood shrub (or small tree), common, dry hillsides

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# Euphorbiaceae

Chamaesyce articulata (Aubl.) Britton tree (small), plentiful, dry forest Chamaesyce hirta (L.) Millsp.

Chamaesyce mesembrianthemifolia (Jacq.) Dugand Chamaesyce serpens (Kunth) Small Croton astroites Dryander

Gymnanthes lucida Sw. Hippomane mancinella L. Jatropha gossypifolia L. Pedilanthus tithymaloides (L.) Poit.

#### Fabaceae

Acacia tortuosa (L.) Willd.

Caesalpinia bonduc (L.) Roxb.

Canavalia rosea (Sw.) DC.

Chamaecrista glandulosa var. swartzii shrub, abundant, rocky dry hillside and (Wikström) Irwin & Barneby Chamaecrista obcordata (Wikström) Britton Crotalaria retusa L. Galactia dubia DC.

Indigofera tinctoria L.

Piscidia carthagenensis Jacq. Sesbania sericea (Willd.) Link Stylosanthes hamata (L.) Taubert Tephrosia cinerea (L.) Pers.

Goodeniaceae Scaevola plumieri (L.) Vahl

Krameriaceae Krameria ixine L.

Lauraceae Cassytha filiformis L.

Liliaceae Aloe vera (L.) Burm.

herb (weedy), common, roadway (from cracks in concrete)

shrub (low), some, near barrier dune, Atlantic-side

herb (prostrate), some

shrub, abundant, scrub woods and dry forests

tree (small), rare, dry forest ghut

tree, common, littoral wood and pond edges

shrub, common, weedy verges

shrub, common, scrub and shaded dry woods

tree (small), common, edges of roads and woods

shrub (scrambling vine), plentiful, dry sandy plain

vine, abundant, beaches and dry sands inland

scrub woodland

shrub, rare, scrub woodland

herb, grassy roadside, (naturalized)

vine (woody), abundant, dry rocky hillside and scrub woodland

shrub (weedy), common, roadsides and dry edges

Leucaena leucocephala (Lam.) de Wit shrub, abundant, dry edges and roadside tree, frequent, dry forest

shrub (annual), common, dry sandy sites

herb, common, roadside ruderal

herb, common, roadside ruderal

succulent (shrubby), some, barrier dune

shrub (low), abundant, very dry rocky hill

vine (parasitic), herbaceous, locally plentiful, backdune woodland

herb, acaulescent, few, grassy upland, roadside, (naturalized)

Malpighiaceae

Stigmaphyllon adenodon Adr. Juss. Stigmaphyllon diversifolium (Kunth) Adr. Juss. Stigmaphyllon emarginatum (Cav.) Adv.

Malvaceae

Abutilon umbellatum (L.) Sweet Sidastrum multiflorum (Jacq.) Fryx. Thespesia populnea (L.) Sol.

Meliaceae Azadirachta indica (L.) Juss.

Myrtaceae Eugenia ligustrina (Sw.) Willd.

Nyctaginaceae Boerhavia coccinea Miller. Pisonia aculeata L.

Palmae Cocos nucifera L.

Passifloraceae Passiflora foetida var. hispida (Triana & Planchon) Killip

Phytolaccaceae Rivina humilis L.

#### Poaceae

Aristida sp. Bothriochloa pertusa (L.) Camus Cenchrus incertus M.A. Curtis Chloris inflata Link Digitaria insularis (L.) Mez ex Ekman Heteropogon contortus (L.) Beauv. ex Roem. & Schult. Panicum maximum Jacq. Pappophorum pappiferum (Lam.) Kuntze Rhynchelytrum repens (Willd.) C.E. Hubb. Setaria setosa (Sw.) Beauv. Sporobolus pyramidatus (Lam.) Hitche. Sporobolus virginicus (L.) Kunth

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liana (woody), common, scrub woodland liana, common (dominant groundcover in many sites), scrub woodland liana, some, scrub woodland

subshrub, common, roadside ruderal subshrub, common, roadside ruderal tree, some, scrub woods and dry forest sites

tree, local stand, sandy plain, (naturalized)

shrub (to small tree), plentiful, dry forest and scrub woodland

herb (weedy), uncommon, dry sandy plain vine, rare, dry forest ghut

tree, some, Caribbean shore, (naturalized)

vine (herbaceous), common, roadside

herbaceous or fruticose weed, some, shady dry wood

herb, some, dry open rocky hillside herb, some, disturbed dry rocky site herb, common, beach sands herb, abundant, waysides (ruderal) herb, common, waysides (ruderal) herb, some, dry rocky ground with cacti herb, abundant, verges and edges herb, uncommon, roadside herb, common, sandy plain & roadsides, (naturalized) herb, some, sandy plain herb, few, moist sands and edge of pond herb, abundant, colonist on beaches

Polygonaceae Coccoloba diversifolia Jacq. Coccoloba microstachya Willd. Coccoloba swartzii Meissner in DC. Coccoloba uvifera (L.) L.

Portulacaceae Portulaca oleracea L.

Portulaca quadrifida L.

Talinum fruticosum (L.) A.L. Juss.

Rhizophoraceae Rhizophora mangle L.

Rubiaceae Erithalis fruticosa L. Randia aculeata L.

> Spermacoce bahamensis (Britton) Howard Spermacoce verticillata L.

Scrophulariaceae Capraria biflora L.

Solanaceae Physalis philadelphica Lam. Solanum bahamense L.

Sterculiaceae Melochia tomentosa L.

Theophrastaceae Jacquinia armillaris Jacq.

# Tiliaceae

Corchorus aestuans L. Corchorus hirsutus L. Corchorus siliquosus L. shrub (small tree), few, windswept scrub shrub, few, with cacti on rocky dry hillside tree (and shrub in some sites), some, scrub tree or shrub (small), plentiful, barrier dune and beyond, especially Atlantic-side

- herb (succulent), plentiful, seaside ruderal sites
- herb (succulent), uncommon, seaside rocks, Caribbean-side

herb, some, moist sands on edge of pond

tree (to small tree or shrub), abundant, the salt pond

shrub, plentiful, windswept scrub hillslopes shrub (small tree), some, scrub and dry forests

shrub, cushion-forming, low, abundant, scrub hillslopes

suffrutescent herb, uncommon, Mt. St. Michael

herb (woody), (weedy), abundant, sandy plain

herb, some, sandy plain shrub, abundant, pond edges and sandy plain, and lower margin of eastern upland

shrub, common, sandy plain and dry open sites

tree, common, scrub and dry forest sites, and one on bank of pond, east side

herb, some shrub, common shrub, some Ulmaceae

Celtis iguanaea (Jacq.) Sarg.

Verbenaceae

Citharexylum spinosum L. Clerodendron aculeatum (L.) Schlecht. Lantana camara L.

Lantana involucrata L. Stachytarpheta jamaicensis (L.) Vahl

vine (woody) or shrub

shrub, few, dry forest and scrub wood

- shrub, abundant, dry pond edge, and edges in Acacia grassland
- shrub, abundant, sandy plain and dry edge of pond on eastern side, and barrier and backdune

shrub, some, sandy plain

herb, disturbed ground by road and pond

#### APPENDIX

When a validating herbarium specimen has been examined, "this is recorded with an exclamation mark (!) following the name of the island. Island records obtained from floras or descriptive work which are not verified with actual specimens are cited without the exclamation mark" (Howard 1978). The following species collected for this paper have been recorded in Howard without an exclamation mark: *Connocladia* dodonaea, Conocarpus erectus, Sidastrum multiflorum, and Sporobolus virginicus. Other species collected for this paper have not been previously documented with a voucher from St. Kitts, and these are: Abutilon umbellatum, Achyranthes aspera var. aspera, Argusia gnaphalodes, Bothriochloa pertusa, Capparis cynophallophora, Cassytha filifornis, Chanaecrista obcordata, Chanaesyce mesembrianthemifolia, *Chamaesyce serpens, Coccoloba diversifolia, Corchorus hirsutus, Erithalis fruticosa, Fimbristylis ovata, Gyminda latifolia, Jacquemontia cumanensis, Pappophorum* pappiferum, Paspalum vaginatum, Physalis philadelphica, Pluneria alba, Sesbania sericea, Spermacoce bahanensis, and Terminalia catappa.

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#### EPILOGUE

When the mosaic of habitats composing the immediate vicinity of Friar's Bay Salt Pond was first visited in the autumn of 1994, it was easy to see that building a hotel on the sandy plain between the sea and pond would alter the history of vegetation at the site. But it was not easy to imagine that we should in a short time witness the power of a force more destructive than man: the high winds of a hurricane.

The first hurricane of the 1995 season, Luis, rated 4 on the Saffir-Simpson scale, arrived at St. Kitts on the 5th of September. The last hurricane to strike St. Kitts was Hugo, in 1989. The high winds of Luis, first visible in the agitation of palm leaves, grew apace from 2 p.m., and quickened to strong gusts later in the day. The peak velocity of the hurricane winds were estimated to be 140 m.p.h., but there is no evidence at the time of writing for the obvious variation in velocity from hour to hour and place to place.

The capacity of island plants to endure and survive hurricane-force winds, and the accompanying salt-spray, varies from species to species, but on inspecting various habitats around Friar's Bay Salt Pond, it is clear that surviving the storm best were three kinds of plants: (1) mangroves; (2) semi-succulents of rocky headlands; and (3) the principal species of the Atlantic-facing barrier dune, mainly *Coccoloba uvifera*.

Inventory of the Storm's Effects

#### North Friar's Bay

There was much sea-blown detritus above the highwater mark (nylon rope, colored and clear bottles, planks, plastic pails, light bulbs, batteries, cigarette lighters, plastic cutlery, wood, sandals and shoes, and more), mixed with seawrack, but there

was no erosion of the sands, and in general the beach was unchanged. This was not at all true of the dune on South Friar's Bay.

On North Friar's Bay beach, Coccoloba uvifera, starting at the base of the barrier dune, holds the dune in place at all points in its elevation. There was little damage to this plant. A few leaves of plants mostly at the base of the dune were browned on their uppermost edges, and red brown roots exposed; otherwise, the green mantle of Coccoloba covering the wide high dune was unharmed. Argusia gnaphalodes, a minor associate of Coccoloba, had suffered some damage, visible as withered leaves, but about only 20% of the plant's photosynthetic surfaces seemed damaged.

One of the plants most exposed at all times of the year to salt-spray and seawind is Lithophila muscoides, rooted in cup-like depressions in the rocky headland at North Friar's Bay. In association with Lithophila is Spermacoce bahamensis. Lithophila and Spermacoce survived the hurricane without the least sign of diminished vitality, their glassy green succulent leaves were unharmed, and there were whole and secure blooms on each species. Further landward, Sporobolus virginicus which forms dense stands, and grows in the protection of the prostrate Conocarpus erectus, was discolored and dead-looking, or perhaps only shocked: time will tell. On the other hand, the entire stand of *Conocarpus*, dominating the headland in its middle zone, was unharmed. Further landward, Acacia tortuosa, as it was everywhere (on roadsides, on hills surrounding the salt pond, and on the sandy plain and its barrier dune), was browned, its leaves withered and dry, the color of red-brown earth. The two cactus plants on the headland, Melocactus intortus and Opuntia dillenii, were undamaged.

#### Salt Pond

Mangroves were intact. Lightly damaged were Hippomane mancinella and other woody plants of the pond margin, such as Cordia obliqua.

#### South Friar's Bay

From end to end, the vegetation of the dune, including Acacia tortuosa, Agave caribaeicola, Coccoloba uvifera, Croton astroites, and Lantana camara, has been uprooted and destroyed, the south side of the island having borne the brunt of the strong tailwinds following the passage of hurricane Luis northwest of St. Kitts. The soil and plant life of the Sandy Plain was now exposed to sea wind and salt spray. Gone too were the plants of the strand that edge out and range far from their first rooted positions: Canavalia rosea, Ipomoea pes-caprae, and Sporobolus virginicus. At the western end of the beach, the sea has cut beneath a few coconut palm trees (Cocos nucifera), trees which once formed a line parallel to the barrier dune. In the same area, leaves of Thespesia populuea were torn from their branches; those that were left are brown and withered. Species at the far eastern end of South Friar's Bay beach, Capparis flexuosa, Jatropha gossypifolia, Tecoma stans, and Urechites lutea, were uprooted and killed.

#### Sir Timothy Hill (Seaward)

Plants on both sides of the hill have been severely damaged. Once green, the woodland was now mostly brown, and open spaces were more common than the canopied cover of the days before hurricane Luis. On the west side of the hill, Agave was more visible, now that the leaves have been torn off Bursera simaruba (everywhere Bursera had lost its leaves, but rarely were its branches broken; perhaps not anywhere in the vicinity of the salt pond were its branches broken, or its trunk

#### Friar's Bay vegetation

uprooted), and seemed to be more abundant on that slope than earlier suspected. The tips of the leaves of Agave were more blackened and the leaves, near the ends and to a third their distal length, are scored by self-flagellation in the merciless wind. Leaves of Croton astroites were withered but not browned. The top edges of the leaves of Coccoloba microstachya were brown and brittle. But leaves of Erithalis fruticosa have been torn away and those that remain have been blackened. The same vulnerability to high winds has been exhibited by *Thespesia populnea*, on the west side of the hill, as well as in protected places by the pond edge. Krameria ixine, the abundant groundcovering plant of the eastern slope, has been 'fired' and is black and withered. Pilosocereus royeni, abundant on the east side and along the crest trail, has been damaged, half or more of the columns taller than .45 m having been broken and knocked over. Younger stems were undamaged. Melocactus intortus suffered little damage; in fact, damaged specimens may have been in their state of decay prior to the storm, and not affected by it. Of the small trees, on the trail and west side, half or more have had some limbs cracked and broken. One large Capparis cynophallophora was entirely uprooted, and a large Jacquinia armillaris as well. But others withstood the siege. Of all survivors, Stigmaphyllon diversifolium seemed to be first in every category of hardiness.

#### ACKNOWLEDGMENTS

My thanks first to Campbell Evelyn who, representing the St. Christopher Heritage Society, St. Kitts, but acting on his own generosity, took me on my first botanical walk around the Friar's Bay Salt Pond. Special thanks to Richard A. Howard for his part at the very outset in offering encouragement, warnings (about the poisonous effects of the mancineel), offprints of useful articles, cardboard separators, and a plant press. Without the singular knowledge and generous nature of George Proctor, identifying so many plants so authoritatively, and so rapidly, would not have been possible. To Charlotte Taylor I am grateful for guidance from afar, intellectual support when required, and the fast production of MBG labels for the voucher specimens sent to her. For this paper, no less than others, Billie Turner was first to see the big picture, and knew that by so many little details a window on to one of earth's landscapes has been opened. Thomas Zanoni is that rarest of persons, an exacting and yet never exasperating editor, and to him, for all his patience and care in checking this MS twice, 1 am indebted. Great and special thanks are due to Jerzy Rzedowski for surveying the manuscript in its final form, for seeing omissions, transpositions, and mistakes in spelling of species names that time and again we had missed. I am grateful to the SEP (Southeast Peninsula) Board for giving me permission to carry out my survey of the area with a view to writing this paper. To Wendy Meagher I owe this debt: that a mere acknowledgment is insufficient testimony to her constant help, not only in editing the text so that it became worthy to be reviewed by others, but in going into the field with me, in making a place in the home for sorting and storing plants, for listening to the plans one makes and the indecisions and uncertainties with which one wrestles. More specifically, I owe her thanks for the maps, especially the design of the full-color map, and for all the details of the layout of the text, which is work of the highest quality. Finally, I thank Colin Currill, for reproduction of the maps in a form suitable for printing.